

## **Jenna Campoli**

90 Windham Trail, Aurora, ON L4G 5L5

Cell: 905-392-2345

Email: [JennaCampoli14@hotmail.com](mailto:JennaCampoli14@hotmail.com)

### **Education**

Bachelor of Science, Honors Specialization in Nutrition and Dietetics  
Brescia University College, London, Ontario Sept. 2016 – Dec. 2019

Food and Nutrition Management Diploma  
Humber College, Etobicoke, Ontario Sept. 2014 - June 2016

### **Employment Experience**

Damir Vrancic Law Firm (Seasonal Summer for two years – 40hrs/week) May 2018 – Aug. 2018  
Aurora, Ontario May 2019 – Aug. 2019  
Office Assistant February 2020 – Present

- Successfully prioritized day to day requests from the law clerks. The position required dealing with clients and providing exceptional customer service.

Dietary Aide (10hrs/week) Sept. 2018 – Dec. 2019  
Maria Serodio – St. Peter's Seminary, London, Ontario

- Practice food safety and handling skills, meal planning, and preparation as well as maintaining organization through set up and clean-up of meals.

Food Lab Assistant (Work Study Student – 150 hours total) Sept. 2018 – April 2019  
Matthew Nguyen – Brescia University College, London, Ontario

- Preparing and cleaning up after food labs. Assisting students with basic cutting techniques, cooking terminology and answering any questions they may have.

### **Volunteer Experience**

Recipe Planning Volunteering June 2020 – Present  
Katey Davidson, MScFN, RD

- Working in a team to create and develop a 4 week menu rotation that includes ingredients and

instructions for each recipe. Ensuring there is a nutrition analysis detailing the macronutrients for each recipe as well as the totals for the day.

Food Lab Assistant (4hrs/week)

Sept. 2019 – Dec. 2019

Matthew Nguyen – Brescia University College, London, Ontario

- Preparing and cleaning up after food labs. Helping students with basic cutting techniques, cooking terminology, and answering any questions they may have.

Fresh – Peer Educator (20 hours in total)

Sept. 2018 – April 2019

Brescia University College, London, Ontario

- Attending events around main campus educating peers on healthy alternatives as well as providing information regarding different food options and diets.
- Providing cooking demonstrations in order to improve first year student's culinary skills.

Breakfast Program (2hrs/week)

Sept. 2017 – Apr. 2018

St. Thomas More Elementary School, London, Ontario

- Preparing breakfast for the students before classes commenced for the day.

Un-paid Internship position (40hrs/week)

Apr. 2016 - May 2016

Eagle Terrace Long Term Care, Newmarket, Ontario

- Working alongside the Food Service Manager, implementing menu changes, resident assessments, meal observation and inputting resident information on Point Click Care.

HELP Program Volunteer (4hrs/week)

Sept. 2015 - Dec. 2015

Southlake Regional Health Centre, Newmarket, Ontario

- Assisting palliative and ICU patients with day to day needs including meals, reading and providing comfort as required.

## **Awards and Achievements**

- CSNM Member (Canadian Society of Nutrition Management)
- WHMIS
- Food Safety Certification
- Smart Serve