

THERESE "RESE" TILLER
(772) 349-2021 | resetiller@gmail.com

Creative, driven, detail-oriented Master of Nutrition Student and Intern seeking full-time role in food production.
Excellent communication and time management skills.

EDUCATION

Florida State University, Tallahassee, FL Aug 2016
Bachelor of Science in Family and Child Sciences

Northeastern University, Boston, MA Apr 2021
Master of Science in Applied Nutrition

WORK EXPERIENCE

Renee Clerkin Nutrition, Chicago, IL – Intern Jan 2020-Current

- Created, designed, and implemented 5 training guides and e-books to increase efficiency of client training and education
- Designed 2 handouts for nutrition clients to improve their symptoms
- Produced new ideas for the Facebook group outlining different nutrition topics such as IBS symptoms and gut health

Athleta, Chicago, IL – Sales Associate Jul 2017-Mar 2020

- Assisted women in finding an outfit that fit her body type and made her feel comfortable
- Operated the cash register for sales and merchandise locations
- Maintained the store’s organization by keeping merchandise in proper order

Encompass Health, Stuart, FL – Nutrition Service Aide/Diet Clerk Jul 2018-Dec 2018

- Prepared therapeutic and modified diets for patients
- Maintained organization throughout the diet clerk office
- Provided customer service for patients in need of different menu options
- Distributed and reviewed patient meals to ensure proper nutrition was being provided
- Set up food and drinks for special events within the hospital

RLE Massage & Posture Therapy, Lake Park, FL – Postural Alignment Specialist Sep 2016-Dec 2018

- Implemented exercise therapy for people in chronic pain
- Communicated with clients to understand the pain they were going through and discussed how we would address it
- Developed an exercise menu to provide the proper movements in releasing pain
- Demonstrated proper form throughout client’s appointments

The Department of Children and Families, Tallahassee, FL – Staff Assistant Jan 2016-Aug 2016

- Assisted family services counselor in the investigations of home safety and childcare facilities
- Recorded data on Excel spreadsheet and website for new program information
- Communicated clearly with fellow employees for the success of assigned projects

VOLUNTEER EXPERIENCE

Board Member, St. Alphonsus Young Adult Ministry July 2020-Current
Member, The Women’s Club Aug 2013-May 2014
Member, Key Club International Aug 2011-May 2014
Volunteer, Relay for Life Aug 2010-May 2014

HONORS & AWARDS

President’s List (1 semester), Dean’s List (4 semesters), National Honor Society

ADDITIONAL QUALIFICATIONS

Florida Food Handler Certification (Jun 2018), Postural Alignment Certification (Sep 2016), Microsoft Office Competency, Event Management